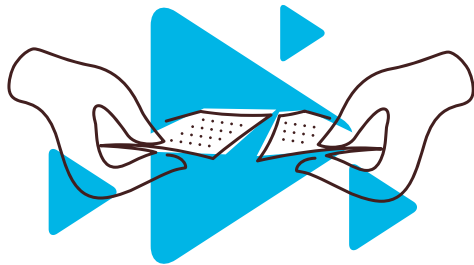


The Middle Matzah:

Hiddenness and Redemption

Before you tell the story of Passover at your seder, break the middle matzah into two pieces. Hide the larger part, which is the afikomen. At the end of the meal, search out the afikomen and eat it as part of dessert. We offer this resource to enhance the experience.



► Read

Tonight let us bless our cracked surfaces and sharp edges, unafraid to see our brittleness and brave enough to see our beauty.

Reaching for wholeness, let us piece together the parts of ourselves we have found and honor all that is still hidden.

Rabbi Tamara Cohen, Moving Traditions
©The Journey Continues: The Ma'yan Passover Haggadah

► Ask

Can you recall a time when you discovered something new about yourself—a hidden talent or a trait that sets you apart? Why do we sometimes hide who we are, even from ourselves? What makes us feel safe enough to reveal what we've hidden?

► Discuss

Although it is only a broken piece of matzah, the afikomen is critically important. We need it to continue the seder and move into a place of gratitude for our liberation from slavery. What still enslaves us? What will lead to our redemption today?

At Moving Traditions, we believe that all teens should have a safe place to explore aspects of themselves that may be hidden or broken, to appreciate their unique qualities, and to feel empowered to work to liberate themselves and others.

We believe that when Judaism promotes self-discovery, challenges traditional gender roles, and celebrates a diversity of voices, it has the power to move our teens, our communities, and Judaism forward.

Our *Rosh Hodesh* and *Shevet Achim* groups are safe places for teen boys and girls to openly explore fundamental questions of identity and society. We are committed to providing safe places for teens of all gender identities.