



Moving Traditions Shevet

“Shevet is a place where I really grew and felt comfortable being myself.”



We help teens grow into confident, happy, and successful young adults!

Group or event information

Contact information

Discover Moving Traditions' groups for teens, forming now for 2020-2021!

It's not easy being a teenager. Even outside of school, the pressure is on, and issues like self-esteem, body image, competition, and relationships add to the noise. This is why real friendships and trusted mentors are important, and the values and support of Jewish community can be a positive guiding force. And this is why Moving Traditions created **Rosh Hodesh** and **Shevet**.

Once a month, in small peer groups* with trained adult mentors, teens bond and have open conversations in a safe space. **Rosh Hodesh** and **Shevet** both have a positive and lasting impact on teens, empowering them to become strong, confident, and happy young adults.

* Groups are designed to meet either online or in person.



Moving Traditions Rosh Hodesh

“The bonds I forged with the other girls in **Rosh Hodesh** are the strongest I've experienced, and I feel free to be who I am.”