

# Repair the World: Promoting Menstrual Equity through Service



**Repair the World** mobilizes Jews and their communities to take action to pursue a just world, igniting a lifelong commitment to service. We believe service in support of social change is vital to a flourishing Jewish community and an inspired Jewish life. By 2030, Repair will inspire and catalyze one million acts of service towards repairing the world.

**How can I promote menstrual equity through service?** In addition to important advocacy measures, direct service provides immediate assistance to people struggling with societal inequities.

- **Gather your friends, classmates or family** for a **teach in** about menstrual equity.
- Combine your teach in with a **menstrual care donation drive, packaging & distribution event!** **Donate items or funds through one of the following organizations or research** local shelters, community centers and schools in need of supplies. Maybe there are people who menstruate and who are experiencing homelessness in your area who would deeply appreciate these items and a caring card!

## **We Deliver Period** ([renewtoday.net/wedeliverperiod](https://renewtoday.net/wedeliverperiod))

Menstrual health is a global challenge. 40 million women live in poverty around the world. People who menstruate and who are living in poverty jeopardize their health, miss school and work, and make choices between buying food and menstrual hygiene products. Their survival, health and well-being are essential to ending extreme poverty and promoting development. We Deliver Period's goal is to cultivate a global community dedicated to celebrating the purpose and dignity of [all who menstruate]. Period.

.we deliver period.

## **I Support the Girls** (<https://isupportthegirls.org/>)

ISTG collects donations of new and gently used bras, and individually sealed tampons and maxi pads and distributes them to girls and women experiencing homelessness across the U.S. and globally. Whether they are homeless, refugees, in transitional housing, or fleeing domestic violence, [people] should never have to compromise on dignity.



**We encourage you to conduct local research** to support organizations to promote menstrual equity in communities disproportionately impacted by menstrual inequity.

Search and share with friends and family!