

"I've accepted and loved myself more because of **Tzelem.**"

— Teen Participant





Discover Moving Traditions' Tzelem groups for LGBTQ+, nonbinary, and gender expansive Jewish teens!

It's not easy being a teenager. Even outside of school, the pressure is on, and issues like self-esteem, competition, and relationships add to the noise. This is why real friendships and trusted mentors are important, and the values and support of Jewish community can be a positive guiding force. And this is why Moving Traditions created **Tzelem**.

Once a month, in small peer groups with trained adult mentors, LGBTQ+ teens bond and have open conversations in a safe space. **Tzelem** has a positive and lasting impact on teens, empowering them to become strong Jewish adults.

Groups are designed to be flexible, meeting either online or in person.

Program Partner:



Special thanks to our supporters who make our programs possible: movingtraditions.org/funders