



## B-MITZVAH FAMILY EDUCATION PROGRAM

### BUILDING THE FIELD OF JEWISH PRETEEN FAMILY EDUCATION

Becoming a teen is hard for preteens and for their parents, especially today, with current realities heightening the transition to this new stage of life. To support families when they most need support and while they are engaged in Jewish life, leading up to the b-mitzvah, we seek to make Jewish family education at adolescence as commonplace as it is for preschoolers.

We offer partners an extensive catalogue of “plug and play” curricula that can be used both in-person and online as well as training on how to best implement the program in your community.

**83%** of preteens and **87%** of parents say, “The program helped me feel like I am a part of a Jewish community that supports me.”

**91%** of clergy and educators say, “Moving Traditions' B-Mitzvah Program aided me to help preteens connect Jewish wisdom to their social-emotional development.”

### SINCE 2018, WE HAVE STRENGTHENED:

**13,500** preteen and parent participants

**150** synagogues and Jewish institutional partners

### LAST YEAR, IN 2020-2021, WE ENGAGED:

**2,700+** 6th and 7th graders

**87** partners across North America

### THIS YEAR, IN 2021-2022, WE EXPECT:

To reach even more participants through **110+** partners

## Family Education @ B-Mitzvah: A Moving Traditions White Paper

SEPTEMBER 2021



### FAMILY EDUCATION @ B-MITZVAH

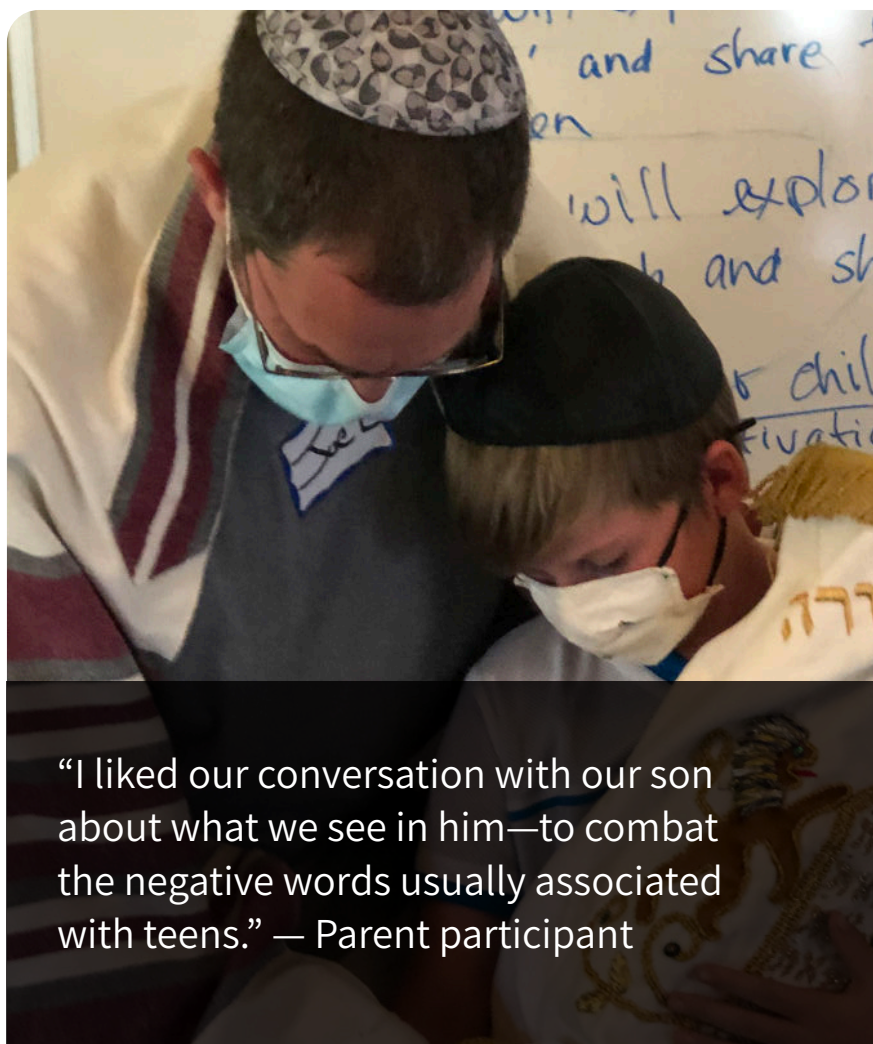
With the release of Family Education @ B-Mitzvah: A Moving Traditions White Paper, we are calling on the Jewish community to join us in making Jewish preteen family education the norm. Our findings show that preteens and parents value the opportunity to be in meaningful dialogue with each other, drawing on Jewish and secular wisdom about issues of concern to them at this new stage of life, as children become teens.

### PARTNER WITH MOVING TRADITIONS

MovingTraditions.org  
215-887-4511



“I liked getting to talk to my mom about my Jewish identity. It helped me feel more connected to my family and our traditions.” — Preteen participant



“I liked our conversation with our son about what we see in him—to combat the negative words usually associated with teens.” — Parent participant