



**Moving Traditions**

Connect. Challenge. Change.



## **TEEN PROGRAMS:**

# **ROSH HODESH, SHEVET, TZELEM, & KULAM**

### **MEETING DIVERSE NEEDS**

Inspired by the belief that all people are created in the Divine Image (B'tzelem Elohim), our teen groups provide fun and safe spaces for teens of all genders, as they self-identify: Rosh Hodesh for girls, Shevet for boys, and Tzelem for LGBTQ+ and trans and nonbinary teens—where teens can explore the issues they care about most: such as stress, academic pressure, friendship, and intimate relationships. We are also now piloting Kulam in the classroom, to facilitate discussion with teens of all genders together.

Our teen groups, which can meet online or in-person, have a proven track record of helping teens gain social-emotional learning skills, recognize and challenge sexism, and strengthen their Jewish identity. Our groups succeed because of the thought-provoking curriculum and trained adult mentors.

### **SINCE WE LAUNCHED TEEN GROUPS IN 2005:**

**23,000+** teens participated in  
**2,500+** groups across North America

### **LAST YEAR, IN 2020-21:**

**1,500+** 8th-12th graders participated in  
**160+** teen groups

### **THIS YEAR, IN 2021-22, WE EXPECT:**

To stabilize and grow our teen groups, at  
**180+** and counting

“My group is an opportunity to pass on wisdom I wish I had at their age, answer the questions teens feel uncomfortable asking elsewhere, and a connection to the future of my community, that I get to watch grow, month after month.” — Shevet teen group leader, Culver City, CA



“My Shevet group is a safe place to learn new Jewish material and share personal thoughts with friends who don’t judge.” — Shevet participant

**84%** of teens say, “I felt supported by my group leader in my needs around mental, emotional, social and/or spiritual health.”

**74%** of teens say, “I learned skills to help tackle challenges when things get hard or stressful.”

**76%** of teens say, “I became more aware of gender stereotypes and inequality in society.”

## KULAM

Our new Kulam program equips Jewish teens of all genders to engage in dynamic and authentic conversations in order to think reflectively, act courageously, and develop healthy, honest relationships. Kulam, meaning “Everyone,” is a series of approximately 1-hour, experiential, curricular sessions designed for Jewish educators to use in a regular Hebrew High setting. In this program, Jewish teens ask big questions about where, why and how they belong while exploring issues of identity, equity, and justice.

## PARTNER WITH MOVING TRADITIONS

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“The people were really nice and just queer groups in general are just a nice break from the constraints of our modern society.” — Tzelem participant